Part 1
General Protective Measures
(§ 1 to § 7)

1. Warning Levels

In the cities of Bremen and Bremerhaven, a new warning system is now in place as far as coronavirus is concerned.

**Old:** In the past, we looked at how high the number of infections with coronavirus was among 100,000 inhabitants and within 7 days. This is called "incidence".

**New:** Now, the first thing to look at is how many people out of 100,000 inhabitants in Bremen have to be **hospitalized** because of Corona within 7 days. This is called "hospitalization incidence".

The new warning levels are based on this number:

- If 0 to 1.5 people suffering from Corona in Bremen out of 100,000 inhabitants are hospitalized within 7 days, this is Warning Level 0.
- If 1.5 to 3 people suffering from Corona in Bremen out of 100,000 inhabitants are hospitalized within 7 days, this is Warning Level 1.
- If 3 to 6 people suffering from Corona in Bremen out of 100,000 inhabitants are hospitalized within 7 days, this is Warning Level 2.
- If 6 to 9 people suffering from Corona in Bremen out of 100,000 inhabitants are hospitalized within 7 days, this is Warning Level 3.

When the federal state government of Bremen is considering what to do against corona, it also looks at

- how many unoccupied beds there are for very seriously ill people in the intensive care units of the hospitals
- how many people got infected in Bremen over the last 7 days (the incidence)
- and how many people in Bremen have been vaccinated.

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1 The complete and legally binding ordinance is the “Twenty-Ninth Ordinance on Protection against New Infections with Coronavirus SARS-CoV-2” of 28 September 2021, including the Fifth Ordinance amending the Twenty-Ninth Corona Ordinance on Protection against New Infections with Coronavirus SARS-CoV-2, valid from 10 December 2021.
For the city of Bremen, the federal state government determines the warning level. For the city of Bremerhaven, the municipal government determines the warning level.

In Bremen and Bremerhaven, Warning Levels 0 and 1 are prohibited until 6 January 2022.

The federal state government announces which warning level applies in Bremen. And the municipal government of Bremerhaven announces which warning level applies in Bremerhaven.

1a. The distance from other people

The general rule

If warning level 0 or warning level 1 is in effect:

✓ everyone should keep a distance of 1.5 metres if possible
✓ the federal state government recommends that hygiene measures be observed (e.g. washing hands)
✓ the federal state government recommends that rooms be always well ventilated.

If warning level 2 or warning level 3 is in effect:

✓ you must keep a distance of 1.5 metres outdoors (unless it is really impossible)
✓ the persons responsible for stores, service providers, event premises and other facilities have to ensure that everybody complies with the distance regulations

The exceptions

In these cases, no distance needs to be maintained:

✓ Between family members (including patchwork families as well as grandparents and grandchildren)
✓ Between people who live together (for instance in a flat-sharing community)
✓ Couples that do not live together are regarded as one household
✓ If one household meets with another household. The number of people does not matter, provided they are members of one of the two households. Children up to 14 years of age do not count. Persons accompanying people with disabilities or people dependent on assistance are not counted either. Persons who are completely vaccinated or persons who were ill with corona and are healthy again are not counted either.
✓ Or a maximum of 10 people from no more than 10 households are allowed to meet. In this event, the following also applies: Children up to 14 years of age are not counted. Persons accompanying people with disabilities or people dependent on assistance are not counted either. People who are completely vaccinated or people who have been ill with corona and are healthy again are not counted either.
✓ In groups of children provided they are 14 years old at the most.
✓ If the 2G rule applies at a facility or event. 2G means that only people who have been vaccinated or who have recovered from corona are allowed in. People with a negative corona test are not allowed in.
✓ During sports
✓ During childcare in children’s day care and day nursing facilities
✓ If instruction and supervision at schools takes place in small, fixed groups (so-called “cohort principle”)
✓ During education, further education and advanced training if the cohort principle is observed
✓ When you attend classes or take exams at a university or college. In this case there must be a hygiene concept
✓ During services where a distance of 1.5 meters from other people cannot be maintained, provided that other hygiene measures are taken, for example if a mask is worn

1b. Limitation of the permissible number of people

People who are not vaccinated are allowed to meet with no more than 2 other people who are not part of their household. Children up to 14 years of age do not count. Accompanying persons of people with disabilities or people who are dependent on assistance are not counted either.

2. The wearing of masks

The general rule

If a warning level (0-3) is in effect in Bremen or in Bremerhaven, a medical face mask must be worn in certain places in Bremen or in Bremerhaven:
✓ In buses, trams and trains,
✓ no mask needs to be worn anymore at stations and stops
✓ at the train station,
✓ at the airport,
✓ in shops.
If warning level 2 or warning level 3 is in effect in Bremen or in Bremerhaven, a mask must also be worn in other publicly accessible rooms and buildings if there is no appropriate hygiene concept.

The following facilities are excluded:

- Courts
- Prisons
- Law enforcement facilities

The following masks qualify as medical masks:

- Surgical masks
- „FFP2“ masks
- „KN95/N95“ masks

Respirator masks with an exhalation valve are prohibited.

Children and teenagers up to the age of 15 may continue to wear a cloth mask.

The exceptions

These people do not have to wear masks even in buildings:

- Children under 6 years of age
- People who are deaf or hard of hearing as well as people accompanying such persons and communicating with such persons
- In case of disability, pregnancy or health issues
- If you attend a facility or event where the 2G rule applies. There, everybody will be either vaccinated or have recovered from corona.

3. Tests, exceptions for vaccinated persons and persons who have recovered after corona, access models

The general rule

If warning level 1 is in effect in Bremen or in Bremerhaven, you will have to present a negative corona test in certain facilities:

- In hospitals;
- in restaurants, clubs, discotheques, festival halls, gambling halls, casinos and betting offices;
- in theatres, operas, cinemas, concert halls and similar establishments;
✓ in prostitution places and prostitution vehicles according to the Prostitution Protection Act for the practice of prostitution, and at swingers' clubs;
✓ in saunas, electro-stimulation training studios, fitness centres, swimming pools, adventure pools and sports facilities;
✓ at trade fairs, conventions, commercial exhibitions, special markets, fairs, flea markets and similar events;
✓ at amusement parks, indoor playgrounds, climbing gyms, climbing parks and similar facilities.

You must also present a negative corona test for indoors,
✓ when attending an event (exception: religious events) or festival if the event or festival is not held in your home or on your own property;
✓ during services where it is not possible to keep the distance, for example at a hairdresser's shop or in a nail studio;
✓ when practicing sports indoors in a facility (exception: school sports);
✓ when staying for instance at a hotel or youth hostel. In this event, you must show a negative corona test upon arrival. If you stay for several days, you will have to show a negative corona test twice a week.

If you have a job and the employer offers you coronavirus testing, you must accept this testing opportunity.

If warning level 2 applies in Bremen or in Bremerhaven, you will only be allowed into these facilities if you have been vaccinated, or if you are healthy again after Corona (“recovered”). This is called the 2G model. The 2G model then applies in the following places:
✓ in hospitals;
✓ in restaurants, clubs, discotheques, festival halls, gambling halls, casinos and betting offices;
✓ in theatres, operas, cinemas, concert halls and similar establishments;
✓ in prostitution establishments and prostitution vehicles under the German Prostitution Protection Act for the practice of prostitution, and in swingers' clubs;
✓ in saunas, electro-stimulation training studios, fitness centres, swimming pools, indoor adventure pools and sports facilities;
✓ at trade fairs, conventions, commercial exhibitions, special markets, fairs, flea markets and similar events; in amusement parks, indoor playgrounds, indoor climbing centres and climbing parks and similar establishments.
✓ when attending an event (exception: religious events) or festival, and if the event or festival does not take place in one's own home or on one's own property;
✓ in the case of services where the distance cannot be maintained, for example at a hairdresser's shop or nail studio;
✓ when doing sports at an indoor establishment (exception: school sports);
✓ when staying for instance at a hotel or youth hostel.

If warning level 2 applies in Bremen or in Bremerhaven, you may only enter stores and shops if you are vaccinated or if you have recovered from Corona. You have to prove this at the door. After that, you will be allowed in. This is called the 2G model. The 2G model applies in stores where you do not buy items for everyday use (such as food, pet food, drugstore items and the like).

Here, the 2G model does not apply:
✓ Grocery stores and weekly farmers' markets, direct agricultural sales, and farm shops
Food pick-up and delivery services,
Beverage stores,
Pharmacies, medical supply stores, health food stores, drugstores,
Infant speciality stores,
Opticians and hearing aid acousticians,
Bookstores,
Petrol stations and newspaper outlets,
Banks and savings banks,
Post offices,
Dry cleaner’s and self-service laundries,
Pet supply stores and feed stores,
DIY stores and horticultural stores,
Flower stores, plant nurseries, garden centers and garden markets,
Car and bicycle repair shops,
Sales points for bus and tram services,
Wholesale and general merchandise stores

If warning level 3 applies in Bremen or in Bremerhaven, only vaccinated persons or people having recovered from Corona will be allowed into bars, clubs, discotheques or festival halls. However, you will only be allowed in if you also show a current negative coronavirus test result. This is called the **2G-plus access model**.

The rules for the 2G model or the 2G-plus access modes do not apply:
- When you enter a facility for professional purposes
- When you participate in an event for professional purposes, e.g. a works council meeting
- If you are a politician attending a meeting, for example an assembly of the Bremen State Parliament, a deputation meeting, a committee meeting or a parliamentary group meeting, or in Bremerhaven a municipal assembly meeting, an advisory council meeting or a party meeting
- If you attend meetings required by law, or association meetings, or other meetings for honorary purposes
- If you work in the civil service
- If you work in child and youth welfare organizations and are involved in social group work, or if you are an educator in children’s daycare groups
- If you work in a youth work, youth social work, or child and youth protection context

If you have to show a negative corona test, for instance in a restaurant or at an event:
- You can go to a testing centre. The test may be 24 hours old at the most.
- You may also take a self-test. This happens directly at the entrance. In this event, however, a person MUST be present at the entrance. However, many events require a test result from a test centre.
You may also show a negative PCR test, provided it is not older than 48 years.
You may show the test on paper or in digital form.
And it can be in German, English, French, Italian or Spanish language.

The following have the same status as a negative test:
- If you are completely vaccinated and 15 days have elapsed since the vaccination
- Or if you were ill with corona and the illness is no more than half a year ago
- A certificate from the school for young people aged 16 years and over

You must show the vaccination certificate, or prove through a certificate on the PCR test or the quarantine that you were ill.
Children and young people under 16 years of age do not have to show a negative test.
Persons who undergo regular testing at school do not have to show a test.

This means that only people who are allowed in who
- have been vaccinated, or
- have recovered from corona, or
- cannot be vaccinated for medical reasons, or
- are over 16 years of age and can show a school certification, or
- are under 16 years of age

Everybody must show written evidence in order to be allowed in. This will be checked no matter what.
If the 2G rule is in effect, people visiting the company or facility or participating in the event will no longer have to comply with the distance regulations during this period of time. You no longer have to wear a mask either during this period of time.

3a. Closure of facilities and establishments

If the state government in Bremen or the municipal government in Bremerhaven asserts that 350 people out of 100,000 inhabitants become infected with Corona every day on 3 consecutive days (incidence 350), clubs, discotheques, festival halls and similar places for partying purposes must close.
They must not reopen until the number of people infected drops below 350 out of 100,000 inhabitants on 5 consecutive days (incidence below 350).
The state government must allow clubs, discotheques and festival halls to reopen in Bremen.
The municipal government must allow clubs, discotheques and festival halls to reopen in Bremerhaven.
4. Conditions for facilities and establishments

The general rule

All facilities/establishments, shops and event venues are allowed to open. They have to comply with conditions:

If a warning level (0-3) is in effect in Bremen or in Bremerhaven, a person responsible must watch out that the following rules are observed:

✓ There must be a protection concept.
✓ In closed rooms, all persons present must enter their names in a list of names, so that they can be identified if a sick person got close to them.
  • This does not apply to shops. There, a medical mask must be worn.
  • This does not apply to education, further education and advanced training institutions if everybody learning there got registered with their names and with their telephone numbers or e-mail addresses.

✓ If warning level 2 or warning level 3 is in effect, the distance regulations must be observed.

5. Concepts for protection and hygiene

The general rule

Concepts for protection and hygiene must be precise and meaningful. When drawing up the concept, the person responsible must take the following into account:

✓ The concept describes how the distance can be maintained.
✓ The concept describes the measures for hygiene, for instance corona tests or the obligation to wear medical face masks.
✓ The concept describes how sufficient ventilation can be provided in closed rooms.
✓ In companies, the concept must include information on occupational health and safety.
✓ On request of the authority, the responsible person shall submit the concept.
6. List of names and contact details

The general rule

The persons responsible and facilities / establishments compiling the list of names must comply with the following:

- The list contains names and contact details (telephone number or e-mail) and the time of arrival and departure.
- You may also provide the information in digital form, for instance with an app on your mobile phone.
- Anybody providing false information must pay a fine.
- The person responsible must store the data in such a way that other people cannot look into it, and store the data for four weeks and then delete them.
- People are only allowed to participate if they enter the data.
- The public health department may look into the data if there is a suspected corona case.

7. Major events, private meetings and celebrations

The general rule

Events may take place with 5,000 people at the most indoors and 15,000 people at the most outdoors.

If an event is attended by more than 1,000 people, the local police department must approve the event. The public health department must also agree with the event.

If warning levels 2 or 3 apply in Bremen or in Bremerhaven, you must also wear a mask indoors.

If warning level 2 applies in Bremen or in Bremerhaven, the 2G model applies, which means: Only vaccinated people are allowed in. Or people who are healthy again after Corona (recovered persons).

At the event, no more than half the seats may be sold or no more than half of people may be allowed in who could normally come.

If the incidence in Bremen or in Bremerhaven exceeds 350 infected people out of 100,000 inhabitants on 3 consecutive days, events with more than 1,000 attendants will be prohibited.

If the incidence in Bremen or in Bremerhaven drops below 350 infected people out of 100,000 inhabitants on 5 consecutive days, events with more than 1,000 attendants will be allowed again. The state government in Bremen and the municipal government in Bremerhaven must then allow this again.

The 2G model also applies to winter markets, Advent markets and Christmas markets in the open air.

If 350 or more people out of 100,000 inhabitants become infected with Corona in Bremen or in Bremerhaven on 3 consecutive days, a maximum of 50 people will be allowed to meet privately indoors, and a maximum of 200 people will be allowed to meet privately outdoors. People who are not vaccinated or who have not recovered from Corona are not allowed to attend such meetings.
If fewer than 350 people out of 100,000 inhabitants become infected with Corona in Bremen or in Bremerhaven on 5 consecutive days, the state government may allow larger private meetings again in Bremen. In Bremerhaven, the municipal government may allow larger meetings once again.

This is only possible however if no other rules are in place for the whole of Germany.

7a. Fireworks and pyrotechnics

It is forbidden to carry fireworks, for example rockets or bangers and pyrotechnics (such as “Bengal fire”) of category F2 with you. It is also forbidden to burn rockets, firecrackers and other pyrotechnics.  
The exception: pyrotechnics in shipping, air traffic or other government tasks remain allowed.

Part 2
Hospitals, Nursing Care Establishments, Integration Facilities and Similar Institutions

1. Hospitals and outpatient supply centres

The general rule

Hospitals must ensure that enough beds are unoccupied in the normal ward. And they must hold enough unoccupied beds available in the intensive care unit. And there must be enough beds in which corona patients can be given artificial respiration.  
The number of beds, which this refers to, is determined by the state minister of health.

Hospitals and outpatient supply centres must have a concept for protection and hygiene. The process must comply with the recommendations of the Robert-Koch-Institute. The hospital operator must make sure that the concept is observed.

The operator of the facility may stipulate that only visitors are allowed to come who are vaccinated or have recovered from Corona (2G model).

Exceptions must be possible:

✔️ for minors
✓ for women about to have a baby
✓ in case of emergency
✓ if a seriously ill person is dying
✓ if a sick person has to stay in hospital for a particularly long time
✓ if a sick person has a custodian

If visitors have not been vaccinated, they must in any case be able to show a current negative Corona test.

Anyone working at such a facility who is not vaccinated or who has not recovered from Corona must be tested for Corona each workday before starting work. Facilities must arrange for testing.

2. Nursing Care Establishments and Integration Facilities

These facilities must make sure that no coronavirus infection enters the facility as far as possible. They must comply with the regulations and proposals of the Robert-Koch-Institute and with the requirements established by the public health departments.

Here, it is allowed already now to visit residents, provided there is a visiting concept:
✓ Full-time inpatient nursing facilities pursuant to § 71 (2) of Book Eleven of the German Social Security Code
✓ Nursing and care facilities as defined in § 9 of the Bremen Housing and Nursing Care Act,
✓ Provider-managed residential communities as defined in § 8 (3) of the Bremen Housing and Nursing Care Act, and
✓ Day care facilities and short-term care facilities as defined in § 5(2) nos. 2 and 4 of the Bremen Housing and Nursing Care Act;
✓ Facilities for people with disabilities within the meaning of § 2 (1) of Book Nine of the German Social Security Code, in which integration assistance services are provided day and night

But: At the aforementioned facilities, visiting is only permitted subject to the following conditions:
✓ Facility records the visit and stores the data for 4 weeks (name, times, contact details).
✓ Facility explains the hygiene concept to visitors.
✓ A medical face mask must be worn

The facilities must offer their residents a Corona test once a week. Anybody working at such a facility must check himself/herself before starting to work as to whether he/she is healthy. If you feel sick, you have to notify the employer immediately.
People who work in long-term care facilities must be tested for Corona twice a week. Those who are vaccinated or have recovered from Corona need to be tested only once a week. Facilities must arrange for testing.

✓ It must be an antigen test
✓ The supporting organisation of the facility must document the result
✓ If a test is positive, the supporting organisation of the facility must report the result to the public health department. If a test is positive, or if someone refuses to take the test, this person is no longer allowed to enter the facility

3. Workshops for people with disabilities

The general rule
Care / supervision and meetings are allowed in such facilities, but:
✓ Concept for protection and hygiene

4. Daytime foster groups and foster groups for people with disabilities

The general rule
These facilities may also open for normal care and supervision. Protection and hygiene measures must comply with the guidelines of the public health departments.

5. Joint accommodation facilities

The general rule
These facilities may also open, but:
The distance of 1.5 metres must be observed. If this is impossible, the facility must reduce the number of accommodated persons.

**The exceptions**

If at least 80 percent of the residents in a nursing care facility are completely vaccinated or have recovered from a corona illness, the public health department may allow relaxations.

If a person cannot be vaccinated for health reasons, he or she is counted among the vaccinated or recovered persons.

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**Part 3**

**Children’s Day Care Centres, Schools, Early Assistance and Other Educational Institutions**

6. Children’s day care centres (children’s day care facilities, children’s day nursing facilities)

**The general rule**

These facilities may also open for normal care and supervision, but:

- Concept for protection and hygiene
- Care and supervision take place preferably in fixed, unchanged groups (according to the so-called “cohort principle”)
- List of names of the supervised children must be kept on a daily basis
- All registered children will be looked after or supervised as long as this proves possible
- Priority is given to particularly vulnerable children and cases of hardship if not all the children can be looked after / supervised
- Details are regulated by the Senator for Children and Education
- Outings (for example to playgrounds) are allowed, but according to the cohort principle and with distance and a hygiene concept
- There are regulations as to when mothers and fathers are allowed to enter the institution
- Services offered by third parties are permitted, but in separate rooms (also according to the so-called “cohort principle”). In the event of cooperation between schools and children’s day care centres, separate rooms are not required.
- At the facilities, all persons over the age of 10 must wear a medical mask.
  - Not in outdoor areas if the distance is maintained
  - Not in groups with children under three years of age
Educators do not have to wear masks

If a child at the children’s day care centre has contracted Corona, the children’s day care centre will inform all parents of the children in the group. The quarantine rules will then apply.

7. Schools

The general rule

Public and private schools are also allowed to open like normal.

But:

- Concept for protection and hygiene: Instruction takes place in small, fixed, unchanged groups (according to the so-called “cohort principle”)
- Children from children’s day care centres may visit elementary schools to get to know the school
- Suitable masks must also be worn in school buildings:
  - Up to 15 years of age, a simple mouth-and-nose cover (textile mask) shall be sufficient
  - From 16 years of age onwards, medical face masks must be worn
- Employees at schools in their offices or workrooms and during lessons

Details about who must wear a mask where in schools are stipulated by the State Minister of Education.

- If someone wants to enter the school premises, this person must be able to present a negative corona test. Or another certificate from a doctor proving that he/she is not infected. The test or certificate must not be older than 2 days.
- You may enter the school premises without a negative test if you undergo a test immediately at the school. The test result must be negative. With this negative test result, you will be allowed to enter the school premises for two days. For this purpose, the school must hold sufficient tests available. And the school must indicate clearly that people are only allowed in if they can present a negative test. This does not affect the occupational health and safety regulations.
- Pupils or students may enter the school premises without a negative test if they take the PCR pool test three times a week on a regular basis. The test result must be negative. Many people know the PCR pool test by the name of “lollipop test”.
- Schools may limit classroom teaching if the protection concept requires so. In this event, care for children up to 6th grade should be made available if possible
- Services offered by third parties are permitted, but in separate rooms
- Outings (for example to museums or playgrounds) are allowed, but in small, fixed, unchanged groups ("cohort principle")
Further requirements in relation to classroom teaching and emergency care shall be regulated by the Bremen State Minister for Children and Education.

If a person at a school is infected with Corona, the school will inform all people who were together with the infected person in the same room for at least 30 minutes. If those persons are under 18 years of age, the school will also inform the parents. These persons will not be allowed to enter the school building for 7 days.

But:
This does not apply to vaccinated persons or persons having recovered from Corona.
Persons are allowed to enter the building if they are able to present a negative test each day.
Or if they take a test immediately in the building each day, and if the result is negative.
At secondary schools, the persons concerned must wear a mask for 7 days:
- in class
- in the cafeteria
- in offices and workrooms

There may be additional requirements imposed by the public health department.

8. Training, further education and advanced training centres for the healthcare professions

The general rule

Training, further education and advanced training centres for the health care professions are allowed to open for teaching.
- There must be a protection and hygiene concept:
  - Students receive classroom teaching in small, fixed groups (“cohort principle”).
- You must wear a medical mask in the buildings if it is not possible to maintain a distance.

Further regulations for training, further education and advanced training premises:
- If someone wants to enter the buildings, this person must be able to show a negative corona test. Or other certification from a doctor proving that he/she is not infected. The test or certificate must not be older than 3 days
- You may enter the school building without a negative test if you do a test immediately at the school. The test result must be negative. With this negative test result, you may enter the school building for three days.
You may enter the school building without a negative test if you take an exam.
Other details for training, further education and advanced training in the healthcare professions are resolved upon by the State Minister of Health.

9. Colleges and the State and University Library

If someone wants to enter the buildings of the Bremen colleges/universities, this person must be able to show a negative Corona test. The test must not be older than 3 days. Without a test, you are not allowed to attend events, lectures or exams. This also applies if you wish to enter the federal state and university library. However, this does not apply to vaccinated people or to persons having recovered from Corona.

Without a negative test, you are not allowed to attend lessons or events, or to learn at the library. You are not allowed either to take part in juridical exams. This does not apply to vaccinated people or to persons having recovered from Corona.

Part 4
Domestic Quarantine

10. Who must go into quarantine?

The general rule

Infected persons
- Beginning: Immediately after a positive test
- End: At the earliest 14 days after the test and 48 hours without symptoms and OK from the doctor and a negative test result (no self-testing)

People having a positive test result from an antigen test (rapid test) must go into quarantine for 14 days. If a subsequent PCR test produces a negative result, the person concerned does not have to stay in quarantine any longer.

Contact Persons
- Beginning: Immediately after the infected person tests positive
- End: 10 days after the last contact with the infected person.
- If you live together with the infected person and if the infected person has symptoms, the quarantine for the contact person shall end 10 days after the onset of symptoms in the infected person.
- The quarantine period can be shortened if:
  - you take a PCR test at the earliest after 5 days of the quarantine period.
  - Or if you take a rapid antigen test at the earliest after 7 days in quarantine.
  - If the test is negative, you may leave the quarantine at the earliest after 5 days or 7 days.
  - If you are a contact person of a cohort at a children’s day care centre, you may also take a self-test after 5 days. Parents must then supervise the test and write a confirmation that the test was negative. The facility must retain the written confirmation for 2 weeks.

**Anyone is a Contact Person if he or she:**
- was close to an infected person (at a distance of less than 1.5 metres) for at least 10 minutes without wearing a mouth-and-nose cover
- or had very close contact with an infected person for a shorter period of time without wearing a mouth-and-nose cover
- stayed in a room together with an infected person for at least 10 minutes without sufficient ventilation being provided. This regulation also applies if a mouth-and-nose cover or FFP2 mask was worn consistently and correctly.

**Anyone else is also a Contact Person if he or she:**
- was together in a room with an infected person from the same cohort at a children’s day care centre during 30 minutes or longer.

Those who are in quarantine as a contact person may stay in a garden, on a terrace or on a balcony if these places belong directly to the apartment.

**The exceptions**

- Contact Persons do NOT have to go into quarantine if they
  - are medical staff and wore protective equipment
  - are vaccinated, or if they have recovered from Corona.
  - **But**: Vaccinated persons or persons having recovered from Corona must go into quarantine as well if they live as a patient at a medical facility or at an inpatient nursing care establishment

Despite corona, you may leave your home in these cases:
- In case of danger to life and health
- Further exceptions are possible (applications must be submitted to the public health department in Bremen or the Municipal Government in Bremerhaven).
11. Obligations during quarantine

The general rule

Persons in quarantine must comply with the following:

- Do not leave your apartment or institution / centre of accommodation without permission from the public health department
- Do not receive visitors
- Keep your distance from other people in the household
- Follow the hygiene rules: cough and sneeze properly, wash your hands regularly and thoroughly, avoid touching your face
- If possible: measure your body temperature in the mornings and evenings
- If possible: keep a diary on symptoms, body temperature, general activities and contacts – also for the previous days if possible
- Hold yourself ready for possibly necessary examinations such as X-Ray examinations, taking of blood samples or skin swabs
- The public health department may require persons concerned to appear at the public health department, or ask them questions in their apartment on their state of health
- If the person in quarantine is under 18 years of age, parents or guardians should help the child/young person to comply with the quarantine obligations.

Part 5
Final Provisions

12. Local measures and additional orders

The public authorities in Bremen and Bremerhaven are entitled to enact further rules and prohibitions to protect people better against infections with coronavirus. This is particularly important if warning level 2 or warning level 3 is in effect.

13. Administrative offences

Anyone who does not comply with the regulations must pay a fine. The amount of the fine may be up to € 25,000.

14. Restriction of fundamental rights
The Ordinance restricts these fundamental rights:

- Personal freedom,
- Religious freedom
- Freedom of assembly
- Freedom of movement
- Inviolability of the home.

15. Validity

The 29th Ordinance applies from 1 October 2021 until 13 December 2021. The fifth amending ordinance is applicable from 10 December 2021 onwards. It shall apply up to and including 14 January 2022.

The state minister of health will check carefully whether the restrictions imposed by this ordinance are still necessary. Above all, she will monitor how many people in Bremen and Bremerhaven have already been vaccinated.

If the hospitalisation incidence in Bremen or in Bremerhaven exceeds 9 on five consecutive days, the state minister of health must submit proposals to the parliament (“Bremen state parliament”) on what can be done to prevent the further dissemination of coronavirus.

Annex

Exceptions from Domestic Quarantine

(§ 19b)

Employers in these areas may exempt employees from domestic quarantine. In this event, the employer must provide a list of the persons exempted to the local police authorities and the public health departments:
1. Healthcare sector:
All employees who work in the healthcare sector including administrative personnel and cleaning staff. More detailed information can be found in the original ordinance.

2. Civil service:

1. Senatorial authorities of the Free Hanseatic City of Bremen  
2. Federal state parliament of Bremen (employees and MPs)  
3. Audit Court of the Free Hanseatic City of Bremen  
4. Bremerhaven city council (members)  
5. Municipal government of the City of Bremerhaven (members and employees)  
6. Bremen public health department  
7. Bremen public order office  
8. Bremen civil registry office  
9. Bremen immigration office  
10. Bremen municipal services office (and associated offices)  
11. Bremen and Bremerhaven police departments  
12. Bremen and Bremerhaven fire brigades  
13. Other authorities and organisations with security tasks of the Free Hanseatic City of Bremen and the municipalities of Bremen and Bremerhaven, especially with regard to disaster control  
14. Public prosecution authority of Bremen  
15. General public prosecution authority of Bremen  
16. Courts in the federal state of Bremen  
17. Prison in the federal state of Bremen  
18. Port authority of the Hanseatic City of Bremen (= function of public order office in the port district)  
19. Food Safety, Animal Health and Veterinary Services Office of the federal state of Bremen  
20. State examination office for chemistry, hygiene and veterinary medicine  
21. Board of weights and measures in the federal state of Bremen  
22. Trade supervisory authority of the federal state of Bremen  
23. Job Centre, Federal Labour Agency  
24. Road and Traffic Office  
25. Social Services Office  
26. Bremen Pension and Integration Office  
27. Federal state pay office  
28. Social insurance institutions, welfare benefit providers, organisations supporting students  
29. Independent organisations assisting children and young people, refugees and the homeless, the elderly and disabled people, drug users and addicted persons  
30. Staff ensuring emergency care at children’s day-care centres and schools  
31. School personnel  
32. Inpatient care facilities (such as educational assistance)  
33. The Federal State Commissioner for Data Protection and the Freedom of Information  
34. State Commissioner for Women/Bremen Central Office for the Realization of Equal Rights for Women  
35. Performa Nord  
36. Corresponding institutions of other federal states and municipalities  
37. Institutions whose activities are necessary for the maintenance of diplomatic and consular relations and for the functional capability of entities of the European Union and international organisations

3. Critical infrastructure:

1. Public utilities and disposal companies (electricity, water, energy, waste): e.g. Hansewasser, Bremen Public Cleansing Service, SWB/Wesernetz  
2. Transport and traffic  
3. Bremen Dyke Association on the right bank of the river Weser  
4. Bremen Dyke Association on the left bank of the river Weser  
5. Information technology and telecommunications (§ 5 BSI-KritisV)  
6. Finance and insurance industry: banks, stock exchanges, insurances, financial service providers (§ 7 BSI-KritisV)  
7. Media and culture: broadcasting services (TV and radio), printed and electronic press, cultural heritage, symbolic buildings  
8. bremenports GmbH & Co. KG  
12. Fishing port operating company  
13. Bremen Air Traffic Control Corporation  
14. Bremerhaven Investment Promotion and Urban Development Corporation, WFB (Business Development Agency of Bremen), Bremen Trade Fair  
15. Bremen Airport Corporation  
16. Petrol stations  
17. Undertakers
3. Critical infrastructure:

5. Nutrition: food industry, food trade, agriculture and horticulture (§ 4 BSI-KritisV), including supply and logistics

10. Pilot associations / pilot transfer operations at the port and on the river Weser

11. EUROGATE Technical Services in the seaport district

18. Bremen Environmental Enterprise

19. Bremen and Bremerhaven Real Estate Corporations

20. Inpatient care facilities (such as educational assistance).

21. Lawyers and attorneys, tax consultants, public accountants

22. Guardianship associations and legal guardians

23. Security firms